#### Wednesday/Thursday, March 18/19

7 pm, Lenten Retreat *The Prophets, Bearers of God's Powerful Word* Presentation by Fr. Eugene Hensell, OSB Cathedral

Sunday, March 22 9:30 am Mass Second Scrutiny for RCIA Candidates and Catechumens Cathedral

Thursday, March 26 6:30 pm, Movie Night, Paul, Apostle of Christ Undercroft

Saturday/Sunday, March 28/29 All Masses, Cathedral's Compassion Group Fifth Sunday Collection of toiletries for *House of Ruth* Cathedral

#### Sunday, March 29

9:30 am, Mass Third Scrutiny for RCIA Candidates and Catechumens Cathedral

# April

#### Wednesday, April 1 7 pm, Tenebrae Service Dr. Philip Brisson and Cathedral Choir Cathedral

#### Friday, April 3

6 pm, Soup Supper No charge, RSVP by calling office Undercroft

7:30 pm, Lenten Service Dupré/Claudel Stations of the Cross Dr. Philip Brisson, Organist Dr. William P. Bradford II, Reader Cathedral

# Palm Sunday Holy Week Easter Sunday

Saturday/Sunday, April 4/5 Palm Sunday Masses Saturday, 5:30 pm, Sunday 9:30 am, 12 Noon, 5:30 pm

Monday of Holy Week, April 6 12 Noon, Weekday Mass

Tuesday of Holy Week, April 7 12 Noon, Weekday Mass 7 pm, Chrism Mass

Wednesday of Holy Week, April 8 12 Noon, Weekday Mass

Holy Thursday, April 9 12 Noon, Midday Prayer 7 pm, Mass of the Lord's Supper

Good Friday, April 10 12 Noon, Stations of the Cross 7 pm, Passion of Our Lord

Holy Saturday, April 11 7 am, Stations of the Cross Helpers of God's Precious Infants

8:30 pm, Easter Vigil

Easter Sunday, April 12 9:30 am and 12 Noon Masses



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Ash Wednesday Through Easter Sunday 2020

# THE THREE PILLARS OF LENT

Cathedral of the Assumption Louisville, Kentucky



# Prayer

In addition to our regular weekday and weekend Masses, this Lent there are several other opportunities for prayer and spiritual enrichment.

## Masses

Weekday, Monday-Friday, 12 Noon Weekend, Saturday, 5:30 pm, Sunday, 9:30 am, 12 Noon, 5:30 pm

## Confessions

Wednesdays, 11:15-11:45 am (except Ash Wednesday) Saturday, 4-5 pm (except Holy Saturday)

Please note different schedule during Holy Week & Easter.

### **Stations of the Cross**

Booklets will be available at the entrance of the church daily during Lent whenever you visit to pray on your own in church.



# Fasting

On Ash Wednesday and every Friday during Lent, Catholics age 14 and over (and in good health) are asked to abstain from eating meat. On Ash Wednesday and Good Friday, those over the age of 18 and younger than 60 (and in good health) are asked to observe fasting by eating only one full meal, two lesser meals, and nothing between meals.

In his encyclical Laudato si', Pope Francis challenges all peoples to protect our environment from climate change and other destructions caused by humanity. "Everything a baptized person does each day should be directly or indirectly related to the corporal and spiritual works of mercy." Simple things such as fasting from meat once a week have great implications for the environment, and many environmentalist groups advocate for meatless Mondays (this includes fish).



# Almsgiving

*Feed My Neighbor* - We serve a nourishing lunch daily to those in need in our community in the Cathedral's Sandefur Dining Room. Consider volunteering or donating funds to Feed My Neighbor.

Sister Parish in Haiti - The Cathedral is committed to providing a healthy lunch to the students of St. Therese Montessori, a school of Cathedral St. Louis Parish in Jeremie, Haiti. This lunch may be the only meal those children have each day.

House of Ruth - On each 5th Sunday of the year, The Cathedral's Compassion Group collects needed items for House of Ruth, an organization serving HIV and AIDS patients and their families.

**Operation Rice Bowl** - We are all invited to participate in Catholic Relief Service's Operation Rice Bowl this Lent. Money donated helps the poorest of the poor here at home and throughout the world.

In the pamphlet rack, there are envelopes for the Poor and for Haiti as well as any Rice Bowls remaining after parish distribution on February 23.

# Wednesday, February 26 Cathedral

# Monday, March 9

6:00 pm, Book Club A Seven Day Journey with Thomas Merton by Esther de Waal Formation Room, Parish Office 2nd Floor

# Sunday, March 15

# February

Ash Wednesday Masses 11 am, 12 noon, 5:30 pm

### Saturday, February 29

Anointing of the Sick after 5:30 pm Mass Adoration Chapel

# March

## Sunday, March 1

Anointing of the Sick after All Masses Adoration Chapel

## Thursday, March 5

6:30 pm, Movie Night, Mary of Nazareth Undercroft

# Thursday, March 12

6:30 pm, Movie Night, Risen Undercroft

### Friday, March 13

7:30 pm, Kelty Endowed Organ Recital Cathedral Jo Baim, Trinity Episcopal Church, Seattle, WA Hyokyoung Byum, University Presbyterian Church, Seattle, WA Free and Open to the Public

## Saturday, March 14

7 am, Mass, Helpers of God's Precious Infants Cathedral

9:30 am. Mass First Scrutiny for RCIA Candidates and Catechumens Cathedral

10:30 am, Theological Reflections Undercroft Led by Dr. Robb Shrader