

Cathedral of the Assumption 433 South 5th Street Louisville KY 40202 www.cathedraloftheassumption.org 502-582-2971



Cathedral of the Assumption Louisville, Kentucky

2024

The Three Pillars of Lent: Prayer, Fasting, Almsgiving

Praver

Masses

Weekday, Monday-Friday, 12 Noon Weekend, Saturday, 5:30 pm, Sunday, 9:30 am, 12 Noon, 5:30 pm

Confessions

Wednesdays, 11:00 -11:45 am Saturday, 4-5 pm (except Holy Saturday) Sundays through March 17, after 9:30 and before Noon Masses

Fasting

On Ash Wednesday and every Friday during Lent, Catholics age 14 and over (and in good health) are asked to abstain from eating meat. On Ash Wednesday and Good Friday, those over the age of 18 and younger than 60 (and in good health) are asked to observe fasting by eating only one full meal, two lesser meals, and nothing between meals.

In his encyclical Laudato si', Pope Francis challenges all peoples to protect our environment from climate change and other destructions caused by humanity. "Everything a baptized person does each day should be directly or indirectly related to the corporal and spiritual works of mercy." Simple things such as fasting from meat once a week have great implications for the environment, and many environmentalist groups advocate for meatless Mondays (this includes fish).

Almsgiving

Feed My Neighbor - We serve a nourishing lunch daily to those in need in our community in the Cathedral's Sandefur Dining Room. Consider volunteering or donating funds to Feed My Neighbor.

Sister Parish in Haiti - The Cathedral is committed to providing a healthy lunch to the students of St. Therese Montessori, a school of Cathedral St. Louis Parish in Jeremie, Haiti. This lunch may be the only meal those children have each day.

House of Ruth - On the months with 5th Sundays, The Cathedral parish collects needed items for House of Ruth, an organization serving HIV and AIDS patients and their families. Easter weekend will be the next 5th Sunday collection.

Operation Rice Bowl - We are all invited to participate in Catholic Relief Service's Operation Rice Bowl this Lent. Money donated helps the poorest of the poor here at home and throughout the world.

In the pamphlet rack, there are envelopes for the Poor and for Haiti as well as any Rice Bowls remaining after our distribution on Ash Wednesday.



Matthew Harris Jouett (1788-1827), The Dead Christ Mourned ('The Three Maries'), (detail) 1824

| Ash Wednesday, February 14 Masses 12 noon, Archbishop Fabre, celebrant 5:30 pm, Fr. Chandler, celebrant | Tuesday of F |
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| Saturday, March 9 Mass, Helpers of God's Precious Infants 7 am | Wednesday Holy Thurs |
| Saturday, March 9 5:30 Mass Archbishop Fabre, celebrant Pueri Cantores Choral Festival Children's Choirs from Louisville gather to sing for a choral Mass at the Cathedral with Archbishop. | Good Frida |
| Monday, March 11 7 pm, Formation Room, Parish Office 2nd Floor Cathedral Book Club On the Third Day by Piers Paul Read | Holy Sa 8: |
| Sunday, March 17 <i>"Re"-Calling Catholic Identity</i> Presenters: Melani & Deacon Chris McDonell 10:30 am Undercroft | Easter |

Palm Sunday, March 23/24 Masses Saturday, 5:30 pm, Fr. Chandler, celebrant Sunday 9:30 am Archbishop Fabre, celebrant Sunday 12 Noon Fr. Chandler, celebrant Sunday 5:30 pm Fr. Chandler, celebrant

Monday of Holy Week, March 25 12 Noon, Weekday Mass

> Holy Week, March 26 12 Noon, Weekday Mass

> > 7 pm, Chrism Mass Archbishop Fabre, celebrant

of Holy Week, March 27 12 Noon, Weekday Mass

sday, March 28 12 Noon, Midday Prayer

7 pm, Mass of the Lord's Supper Archbishop Fabre, celebrant

ay, March 29 12 Noon, Stations of the Cross

> 7 pm, Passion of Our Lord Archbishop Fabre, celebrant

aturday, March 30 :30 pm, Easter Vigil Mass Archbishop Fabre, celebrant

Sunday, March 31

9:30 am Mass Archbishop Fabre, celebrant **12 Noon Mass** Fr. Chandler, celebrant