

Praying your way through Holy week!

[Original Notes from the Sisters of the Eucharist](#)

Saturday before Palm Sunday -	Palm Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Easter Sunday
Commitment Saturday	Procession Sunday	Extravagance Monday	Compulsion to completion	Day of Aloneness	The Body given	There is no law	Night Saturday	Miracles Sunday
Just as Jesus made a very special commitment for the 1st Holy Week, so too, each year, we are called to make a very special commitment.	“Procession” Sunday “means being willing to go out there, and being a public witness of our faith.”	“Extravagance” Monday is a day in which we live out extravagantly, in imitation of the woman who poured all of her expensive ointment on Jesus’ feet.	“Compulsion to Completion” Tuesday is a day to complete certain tasks that you have been putting off.	“Alone” Wednesday is a day of silence to reflect on both Judas’ aloneness in his and in Christ’s aloneness as He prepared to meet the Cross.	“Body Given” Thursday is a day to reflect upon both the total gift of self that Jesus gives to us in the Eucharist and the total gift of self that we are called to make in reply. er	“There is no law / Impotence” Friday is a day to reflect on (1) how there was no law to protect Jesus from his passion and death and (2) how Jesus’ impotence on the Cross destroyed death.	“Night” Saturday is a day to enter into the darkness of the tomb, to feel the emptiness and soberness of Holy Saturday, to embrace the darkness of life and persevere beyond this passing phase.	“Miracles” Sunday is a day of celebration! To feast and rejoice in the great miracle that has taken place – Christ is truly risen!
Holy Week Readings	Palm Sunday	Monday of Holy Week	Chrism Mass	Wednesday of Holy Week	Holy Thursday	Good Friday	Holy Saturday	Easter